

I am a Recovery Ally because...

I stand beside those who are in recovery and understand this is a lifelong journey.

I believe in the power of recovery and human connection.

I support a strengths-based and person-centered approach.

I support those seeking freedom from addiction.

I encourage, support, and love unconditionally.

I believe in the potential of *all* people and the gifts we can share with the world.

I fight and educate myself and others to end stigma.

I help other families avoid the tragedy that happened to my family.

Loving my parents means having unlimited second chances.

I believe substance use disorders are not a choice.

I have learned, through my experience, how quickly and innocently addiction takes control of your life.

I believe substance use disorder is a disease and needs to be treated with the same level of compassion and support as other diseases.

It is important to me to provide support to others trying to navigate substance use disorder.

I want others to believe in their recovery even if they don't, yet, believe in themselves.

I remind people that recovery is possible and there are many paths to recovery.

I know that a failing system will fail everyone.

I advocate for resources and systems that offer long term recovery support.

I share stories of recovery, so people do not feel alone in their journey.

I empower people who have faced addiction to share their story.

Addiction does not discriminate, so neither will I.

Everyone who struggles or has struggled deserves to have the life they dream of no matter what!