

# S.A.F.E. COMMUNITY RESOURCES EXERCISE

This exercise is intended to identify any existing resources in your community. Please list resources and information in all fields below, wherever possible. Your responses will be compiled with those from others in your coalition to provide a 360-degree view of the landscape of resources in your community, as well as highlight the gaps your coalition will need to work to fill.

## Public Awareness Resources

- Public awareness programs such as posters and media messages that stress the risks of legal and illegal opioids.

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- Public awareness campaigns that aim to reduce the stigma of substance use disorder.

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- Programs for credible speakers to reach into the community.

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List any other public awareness activities.

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## Prevention Resources

- Credible speakers to present in middle schools and high schools.

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- Programs to educate parents of elementary students on how to protect their children from falling into drug use.

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- Programs to educate students and parents on various forms of mental health challenges.

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- Community mental health awareness and treatment programs.

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High schools with mental health awareness/substance use prevention clubs and programs.

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Law enforcement professionals trained on and engaged in substance use prevention in high schools.

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Workplace prevention programs.

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List any other prevention resources, including any prevention coalitions:

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Closest substance use prevention coalition:

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## **Prescription Medicine**

Doctor feedback reports from your state's prescription drug monitoring program (PDMP).

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Hospitals with prominently displayed warnings regarding opioid use.

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Hospitals that use data science to track opioid prescription rates, use rates, and prescribing goals for doctors.

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Tools to evaluate doctor and dentist prescribing habits.

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Naloxone availability in the community, including naloxone training and kit distribution program for citizens.

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- Continuing education courses and training programs for physicians and dentists on the risks associated with opioid prescribing and on alternative methods for treating pain (both acute and chronic).
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- Robust and well-publicized drug take-back programs that include year-round take-back opportunities.
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- Pharmacies that dispense opioid neutralizing packets when dispensing drugs.
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- Pharmacies that use cipher-lockable bottles when dispensing opioids.
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- Resources or programs encouraging more physicians to become certified to prescribe medication-assisted treatment options for opioid and other substance use disorders.
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List any other prescription medicine resources in your community.

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## **Law Enforcement and Medical Response**

- A pre-arrest diversion program into a drug court or other mechanism.
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- A robust harm-reduction program.
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- Law enforcement personnel who work with the harm-reduction community
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- A community-based quick-reaction team (social worker or peer support specialists who follow up with someone who was revived by first responders).
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- Law enforcement personnel and other first responders who carry naloxone for (1) their protection and/or (2) the ability to revive someone undergoing an opioid overdose.

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- Naloxone training and kit distribution programs for citizens.

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- Naloxone kits in schools, public libraries, community and recreation centers.

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- Pharmacies that dispense naloxone without a prescription or under a standing order.

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- A medication-assisted treatment program for those in jail and support for incarcerated people in recovery.

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- A post-release support program for individuals with substance use disorder being released from incarceration.

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- An overdose response plan that introduces overdose patients to peer counseling and craving-reduction drugs in the emergency room and onward into medication-assisted treatment programs.

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List any other law enforcement, first responder, or medical response resources or programs:

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## **Treatment and Recovery**

List all of your inpatient treatment facilities and their capacity:

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List all of your outpatient treatment facilities and their capacity:

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Ways for community members to find treatment options.

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Facilities that treat individuals with co-occurring mental health and substance use disorders or dependence.

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Narcotics Anonymous groups.

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Safe recovery houses.

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Certified buprenorphine prescribers.

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Recovery coaches available to people emerging from treatment for substance use/dependence.

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Local higher education institutions with collegiate recovery programs.

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Employment programs for people in recovery.

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Treatment information available and accessible to those who do not use English as a first language.

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List any other treatment and recovery resources:

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## **Family Outreach and Support**

Support groups for families who have a loved one who is substance dependent.

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List any other family outreach and support resources:

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