

# BRIDGING PREVENTION AND RECOVERY

It's time for progress in how we address substance use disorders! We must approach this work differently to rise to the challenges of today and help our communities recover from the crushing impacts of addiction.

Anchored in a systems approach, SAFE Project's *Bridging Prevention and Recovery* (BPR) Program© is an evidence-based training and technical assistance program designed to provide substance use disorder professionals and their community-based partners with a step-by-step process to facilitate sustainable integration of traditionally siloed approaches.

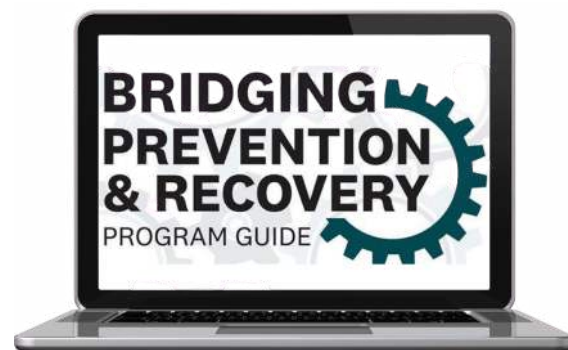
## Who Should Participate?

Rural, suburban, and urban communities from across the country have successfully completed this program. Traditionally, SAFE Project has recommended that at least one prevention professional and one recovery professional participate together in a community team; however, BPR has also been successfully adapted to serve the needs of institutions of higher education, community-based partners in a specific region, and state level professionals.

## What Is The Format?

SAFE Project can tailor this program to suit your needs. BPR can be delivered as a three-day, in-person or virtual training tailored to your community. It has also been successfully delivered in virtual cohort-style sessions offered over the course of a two-month time span with shortened group modules and supplemental one-on-one technical assistance uniting together communities from across the nation or a specific state to share best practices and learn from their peers. Please inquire with SAFE Project for preferred format and pricing.

Beginning in 2022, SAFE Project will also offer certified Train the Trainer (ToT) sessions to scale this program in order to reach more communities across the country.



## How Is It Different?

BPR helps communities understand, develop, and apply approaches by using a program manual and hands-on tools to help unite toward common community goals and promote wellness and resiliency. Participants can expect to work in teams, use place-based leadership, incorporate pillars of health equity, sustainability, advocacy, and communication into your efforts, connect community needs and strengths with available funding sources, and receive guided, action-oriented training and technical assistance from leaders in the field to help successfully launch more integrated services and supports.

# BRIDGING PREVENTION & RECOVERY (BPR)

## What Are The Outcomes?

Initially, this training and technical assistance program was evaluated to understand the effectiveness on its participants and to preliminarily assess the program's implementation.

Early on, participants demonstrated an increase in their self-assessment of knowledge.

91%

Strongly agreed that the program was relevant to their work.

92%

Intended to use the knowledge acquired at their workplace.

One year removed from their participation in BPR, SAFE Project then evaluated how each of the communities' processes have changed, the aspects of the model applied and implemented, the components of the toolkit that were most helpful, and how the program aligned with their priorities.

- Participants indicated they now feel more knowledgeable and connected to their goals, strategies, and work of their counterpart.
- Participants are collaborating more with one another in work execution than they were prior to the the BPR program.
- 75% of participants had begun to implement joint initiatives with their counterpart, taking the practice of systems thinking to a more tangible level by not only seeking to understand their counterpart's system, but also working with them to achieve community-level change.
- 75% of participants have worked together to build collaborative capacity with their counterpart.

*SAFE Project created a program that encapsulates a lot of trainings I've done through the years and constructs it in an actionable and easy-to-digest way.*  
- BPR Participant

*The BPR steps helped bring our community together, focused with one vision to help heal the community.*  
- BPR Participant

CONTACT US



For more information, please visit: [safeproject.us/bridging-prevention-recovery](https://safeproject.us/bridging-prevention-recovery) or contact us directly at [community@safeproject.us](mailto:community@safeproject.us). SAFE Project is available meet with perspective community participants or to provide half-day trainings to state office staff on how BPR connects to the structure of existing funding streams and supports local implementation.