

# AM I AT RISK FOR CANNABIS USE DISORDER?



Just because you've heard that cannabis is "less" addictive, doesn't mean that it's **not** addictive. Any substance use becomes a disorder when the person cannot stop using the drug even though it interferes with many aspects of their life.

Do you use cannabis for a longer period of time than you intended?

Do you use it in larger amounts than you intended?

Has your use affected your relationships or responsibilities? For example, are you having difficulty with home, work, or school because of repeated use?

Have you experienced difficulty paying bills in order to buy cannabis? (This can include delaying bill payment, borrowing money, maxing out credit cards, or tapping out savings accounts.)

Has a family member, friend, colleague, or supervisor expressed concern because of your use?

Have you given up social or recreational activities because of cannabis use?

Have you tried to reduce your use, but had difficulty stopping?

Do you want to cut down on your use?

**NEED HELP? CHECK OUT THE  
SAFE TREATMENT LOCATOR**