



I TOOK THE NO SHAME PLEDGE!

I have committed to doing my part to stop the stigma surrounding addiction and mental health challenges by empowering others while encouraging care, treatment, and recovery.



SAFE Project's No Shame Pledge:

A movement to combat stigma.

I UNDERSTAND THAT ADDICTION IS A DISEASE,
and I pledge to eliminate the stigma for individuals experiencing it.

I COMMIT TO LEARNING MORE ABOUT THE DISEASE OF ADDICTION,
the mental health challenges that contribute to it, and to changing the conversation surrounding it.

I WILL ENCOURAGE INDIVIDUALS TO SEEK THE HELP AND TREATMENT NEEDED
to address addiction and mental health challenges by providing a shame-free environment.

FOR INDIVIDUALS IN RECOVERY, I PLEDGE TO
support them through their lifelong journey to a self-directed, safe, productive, and successful life.



Join the No Shame Movement!

