

REGISTER TODAY!

MILITARY WELLNESS WORKSHOP

JOURNEY FROM COPING TO THRIVING

SAFE Project guides you on a journey back to you – where your strengths, values, and purpose lead the way. Learn tools to navigate stress, set meaningful goals and move forward with confidence.

Your next step – your best step – starts here.

Dec. 14 | 7:00 AM – 11:30 AM

UBC International Training Center
212 Carpenters Union Way
Las Vegas, NV 89119

Meta This event is in collaboration with Meta.

LEARN MORE

In partnership with:

Attend this workshop to:

- Learn skills to navigate triggers and stressors
- Connect with fellow veterans
- Discover Insights on the benefits you have earned
- Overcome barriers and set goals to thrive

> This workshop met me where I was—and helped me rise.